

Keep it Healthy

Germs are easy to spread. Sick food workers may not work with food or food-contact surfaces.



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Notify the person in charge and stay away from food if you have:

- **Symptoms** of illness (diarrhea, vomiting, or jaundice)
- **Diagnosed** illness (such as E. coli, Salmonella)
- **Infected**, *uncovered* wounds
- **Discharges** from the eyes, nose or mouth